

Dal Mondo



AMBASCIATORI
wellness tangerine spa Fuggi

Ayurveda Abhyangam Massage

50 minutes - € 75,00

The term "Ayurveda" means "knowledge of life", so it is a technique that improves the overall health of the individual, allowing them to live longer in perfect energetic balance. Abhyanga is a relaxing and reactivating massage, which alternates delicate maneuvers with percussions and pinches, rebalancing energy imbalances.

Hot Stone Massage

50 minutes - € 75,00

It is a massage that uses basalt stones that radiate heat. The principle is to stimulate certain parts of the body, encouraging energy where it is needed. It relaxes the muscles of the shoulders, neck, and back, drains fluid retention, improves circulation, smoothes the skin, and deeply relaxes the mind and body.

Traditional Hawaiian Lomi Lomi Massage

50 minutes - € 75,00

The accompaniment of music, with intense ethnic rhythms alternating with sweet melodies and sounds of nature, makes this massage a unique experience of listening to one's body, letting go, and physical and emotional relaxation. It has a great draining and relaxing effect, decreasing physical, muscular, and emotional tension.

Thai Massage

50 minutes - € 75,00

Thai massage releases energy, increases vascular activity, and promotes the elimination of toxins while stretching the muscles. It is a technique of digitopressure and stretching performed on a futon, a comfortable Japanese floor mat. Comfortable clothing is recommended.

Lissaggio

60 minutes - € 75,00

A combination of Dead Sea salt and argan oil, massaged all over the body, provides an exfoliating and hydrating effect. The pleasant friction, characterized by the contrast with the roughness of the salt, promotes a thermal action that leads to vasodilation of the microcirculation and the elimination of toxins.

Savonage in Hammam

30 minutes - € 45,00

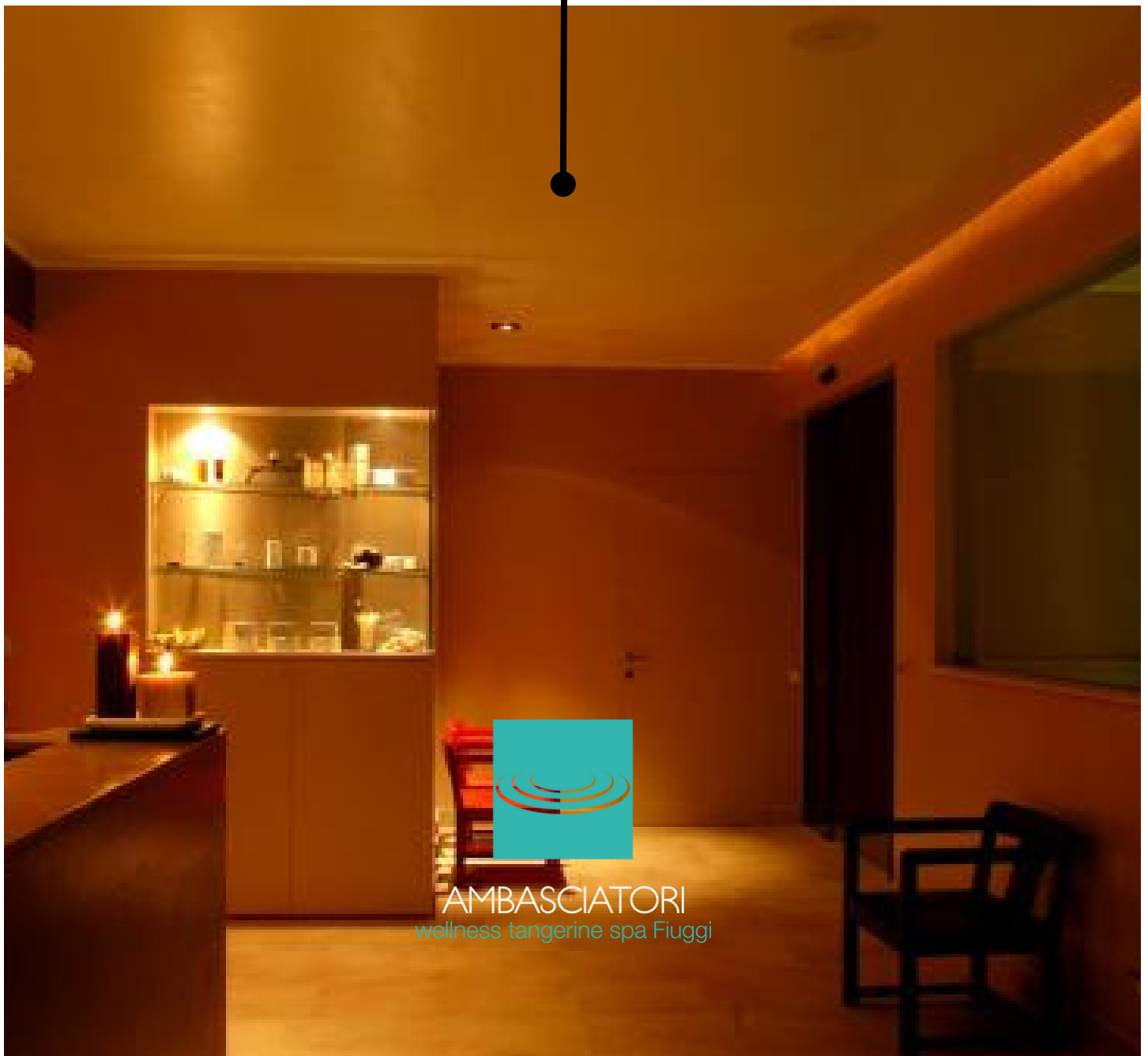
Alside the SPA Suite, a steam bath will be performed to soften the skin and open the pores. Subsequently, the body will be massaged and soaped with olive oil soap, rich in vitamin E. This ritual is performed on a hammam bench using a special pillowcase.

With a 25-minute massage, € 80,00

With a 50-minute massage, € 105,00

Usefull information for your Spa experience

- What you should and would to Know -



AMBASCIATORI
wellness tangerine spa Fuggi

Useful Information

Frequently Asked Questions

CAN I BRING MY PHONE INTO THE SPA?

In the Spa, you will find a tranquil and relaxing environment. It's important **to respect the privacy** and serenity of all guests ... including your own! **Leave your phone** and laptop in your room and focus on relaxation.

BOOKED SPA TREATMENTS

We recommend that you arrive at the spa reception at least **10 minutes prior to your scheduled appointment**. Please note that we are unable to extend treatment times in the event of late arrival.

TREATMENT CANCELLATION POLICY

Any **cancellations must be made at least 24 hours** prior to the treatment time. Otherwise, we will be forced to charge 100% of the cost.

AND IF I AM PREGNANT?

Always consult your doctor before visiting our spa. We offer special **treatments for expectant mothers**. Please inquire at the reception desk, where our staff will be happy to assist you in selecting the most suitable treatment.

HOW LONG CAN I STAY AT THE SPA?

To fully enjoy your spa experience, we recommend a stay of **2 to 3 hours**.

HEALTH

If you have any medical conditions, please **consult your doctor** before using the spa facilities. Additionally, please inform us of **any health issues or allergies** that may affect your treatments or use of our services.

Useful Information

CLOTHING IN THE SPA

Please **wear a swimsuit** at all times in the spa and solarium areas.

CAN CHILDREN ENTER THE SPA?

For the well-being and serenity of both children and adults, access to the Spa is not permitted for those under 16 years old. For children, a babysitting service is available (for a fee). Teenagers from 16 to 18 years old are welcome but must be accompanied by an adult in the wellness areas.





AMBASCIATORI
Tangerine Spa
Wellness Centre

Via dei Villini, 8 - 03015 FIUGGI (Fr)

INFO & RESERVATION

Tel. +39 0775.514351

Whatsapp +39 347.0461847

tangerine@ambasciatoriplacehotel.com



AMBASCIATORI
place hotel Fiuggi

Make your Wellness