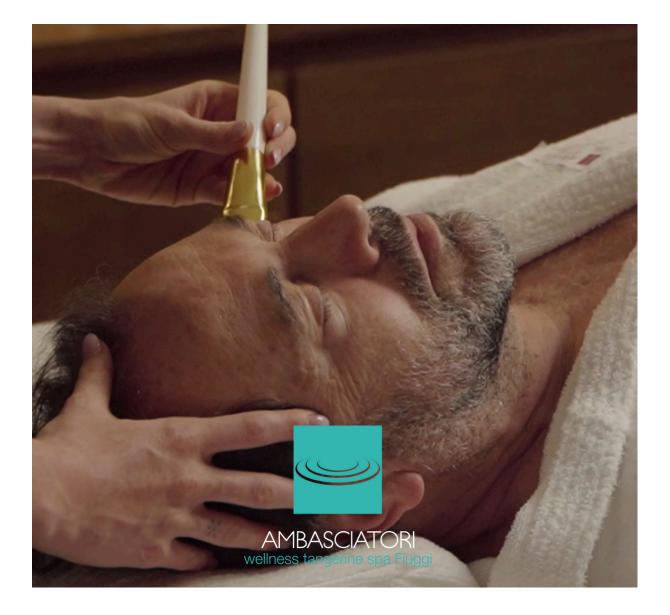
Longevity





Leg circulation Massage 25 minutes - € 40,00

The circulatory action of massage provides significant benefits for circulatory problems such as varicose veins and water retention. Through massage, we improve muscle elasticity and increase joint mobility, leading to better joint nutrition and thus counteracting the progression of arthritis.

Horse chestnut circulation Massage

50 minutes - € 65,00

Full body massage with horse chestnut oil, a renowned remedy for water retention, swollen legs, cellulite, and other circulatory disorders, including hemorrhoids.

Kobido Treatments 60 minutes - € 80,00

Discover the secret to eternal youth with our ancient Japanese massage. This deep tissue massage reduces wrinkles, diminishes stress, and leaves your skin feeling toned and velvety. A natural anti-aging treatment that stimulates collagen and elastin production.



Fomenta Marina

60 minutes - € 75,00

External medical device for the treatment of joint and muscle problems. A natural, effective, and side-effect-free solution, Fomenta Marina promotes the restoration of joint and muscle function by stimulating the reactive and reparative capacities of the treated tissues. Ideal for arthritis, bruises, contractures, and postsports activity.

Lissaggio

60 minutes - € 75,00

A combination of Dead Sea salt and argan oil, massaged all over the body, provides an exfoliating and hydrating effect. The pleasant friction, characterized by the contrast with the roughness of the salt, promotes a thermal action that leads to vasodilation of the microcirculation and the elimination of toxins.

Vulcadren Treatment

90 minutes - € 98,00

Draining and detoxifying treatment; designed to balance the lymphatic system, it helps remove toxins circulating in our body.



Hydrotherapy

Water, the ultimate element of wellbeing. Our hydrotherapy treatments involve the application, always through water, of thermal stimuli (hot/cold), mechanical stimuli (pressure and friction on the skin) and chemical stimuli (medicinal preparations that can be added to the water)



GOOD NIGHT

80 minutes - € 80,00

Like any hydrotherapy treatment, the ritual begins with a full-body brushing that prepares the body for the treatment; a warm compress with lemon balm follows (lasting about 50 minutes) which promotes relaxation and sleep. The treatment concludes with a 25-minute massage using St. John's Wort oil, a medicinal plant known for its calming effects.



DECONTRATTURANTE - ANTIDOLORIFICO

80 minutes - € 80,00

Treatment involving an initial body brushing followed by the application of heated hay bags to sore areas. Hay has purifying properties. A 25-minute zone massage then follows to release any tension.

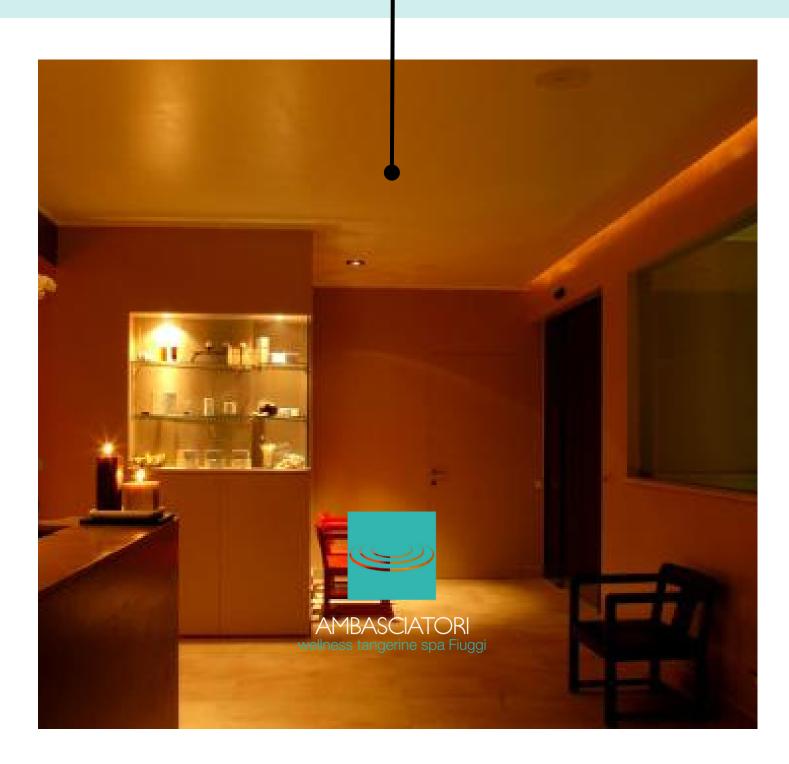
Anti-aging facial Treatment 60 minutes - € 75.00

Specific treatment for mature skin. The treatment includes a cleansing and exfoliation phase, followed by the application of a

specific, nourishing, and revitalizing phytotherapeutic ointment.

Usefull information for your Spa experience

- What you should and would to Know -



Frequently Asked Questions

CAN I BRING MY PHONE INTO THE SPA?

In the Spa, you will find a tranquil and relaxing environment. It's important **to respect the privacy** and serenity of all guests ... including your own! **Leave your phone** and laptop in your room and focus on relaxation.

BOOKED SPA TREATMENTS

We recommend that you arrive at the spa reception at least **10 minutes prior to your scheduled appointment**. Please note that we are unable to extend treatment times in the event of late arrival.

TREATMENT CANCELLATION POLICY

Any **cancellations must be made at least 24 hours** prior to the treatment time. Otherwise, we will be forced to charge 100% of the cost.

AND IF I AM PREGNANT?

Always consult your doctor before visiting our spa. We offer special **treatments for expectant mothers**. Please inquire at the reception desk, where our staff will be happy to assist you in selecting the most suitable treatment.

HOW LONG CAN I STAY AT THE SPA?

To fully enjoy your spa experience, we recommend a stay of **2 to 3** hours.

HEALTH

If you have any medical conditions, please **consult your doctor** before using the spa facilities. Additionally, please inform us of **any health issues or allergies** that may affect your treatments or use of our services.

CLOTHING IN THE SPA

Please **wear a swimsuit** at all times in the spa and solarium areas.

CAN CHILDREN ENTER THE SPA?

For the well-being and serenity of both children and adults, access to the Spa is not permitted for those under 16 years old. For children, a babysitting service is available (for a fee). Teenagers from 16 to 18 years old are welcome but must be accompanied by an adult in the wellness areas.





AMBASCIATORI Tangerine Spa Wellness Centre

Via dei Villini, 8 - 03015 FIUGGI (Fr)

INFO & RESERVATION

Tel. +39 0775.514351 Whatsapp +39 347.0461847 tangerine@ambasciatoriplacehotel.com





Make your Wellness