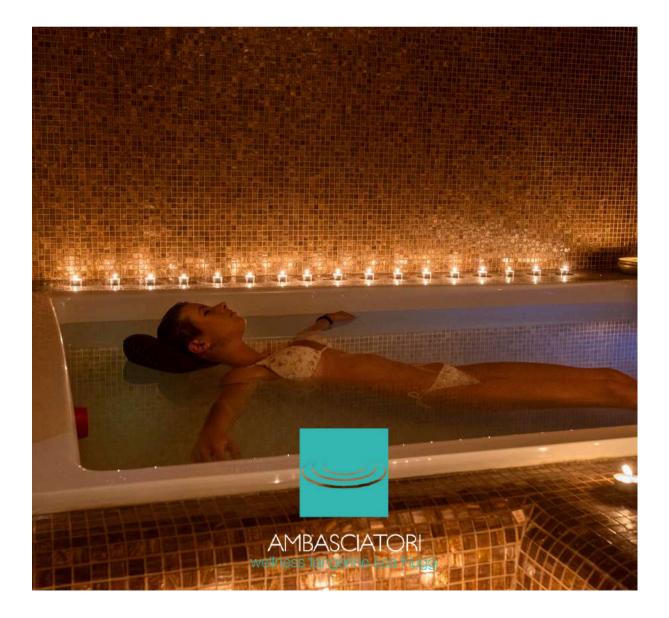
# **Tangerine Special**



## **Tangerine Special**

## Hydrotherapy

Water, the ultimate element of wellbeing. Our hydrotherapy treatments involve the application, always through water, of thermal stimuli (hot/cold), mechanical stimuli (pressure and friction on the skin) and chemical stimuli (medicinal preparations that can be added to the water).



## WATER RITUAL

50 minutes - € 55,00

Our signature hydrotherapy treatment begins with a full-body brush to stimulate lymphatic drainage and prepare the body for what's to come. A refreshing cold friction follows, followed by a 40minute mummy wrapping to allow the body to reap the benefits of the heat generated.



### **GOOD NIGHT**

80 minutes - € 80,00

Like any hydrotherapy treatment, the ritual begins with a full-body brushing that prepares the body for the treatment; a warm compress with lemon balm follows (lasting about 50 minutes) which promotes relaxation and sleep. The treatment concludes with a 25-minute massage using St. John's Wort oil, a medicinal plant known for its calming effects.



### DETOX CON ARGILLA

50 minutes - € 55,00

Our treatment begins with a body brushing and continues with a soothing clay application to the abdomen, reducing inflammation and promoting cellular drainage.

## **Tangerine Special**

## Kobido Treatments

60 minutes - € 80,00

Discover the secret to eternal youth with our ancient Japanese massage. This deep tissue massage reduces wrinkles, diminishes stress, and leaves your skin feeling toned and velvety. A natural anti-aging treatment that stimulates collagen and elastin production.

## **Floatation Tank**

60 minutes - € 45,00

What would happen if our bodies were deprived of sensory stimuli? Imagine yourself immersed in darkness, in total silence, with a weightless body, without any input from the external reality. This is the floatation tank or sensory deprivation tank. Lying on a bed of constantly filtered and mineralized water that keeps you suspended as if in zero gravity between heaven and earth, your body releases all tension and toxins.

## Full Ritual in Vasca Nuvola

scrub + mud therapy - 60 minutes- € 75,00

Indulge in our Cloud Tank experience. This complete treatment includes a customized exfoliation and mud therapy wrap, designed to soothe your body and mind. Float effortlessly in our dry floatation tank for the ultimate relaxation.

## **Tangerine Special**

## The PMP Method

## Phytomassopodia - Foot Care

Phytomassopodia is a method inspired by ancient techniques and rituals, consisting of a series of maneuvers, massages, and applications of phytocosmetic products.

## WELCOME RITUAL

15 minutes - € 20,00 - Phytomassopodia

A quick yet intense treatment; using Podostrigiles®, in just 15 minutes this treatment releases tension and has an anti-stress effect. It uses cucumber podogel and mint essential oil.



## CLASSIC RITUAL

50 minutes -  $\in$  60,00 - *Phytomassopodia* 

This is a hot or cold mud wrap treatment that utilizes Podostrigiles® and five natural products. It's perfect for reactivating peripheral microcirculation, reducing swelling in the feet and ankles, and promoting deep, lasting relaxation throughout the body.

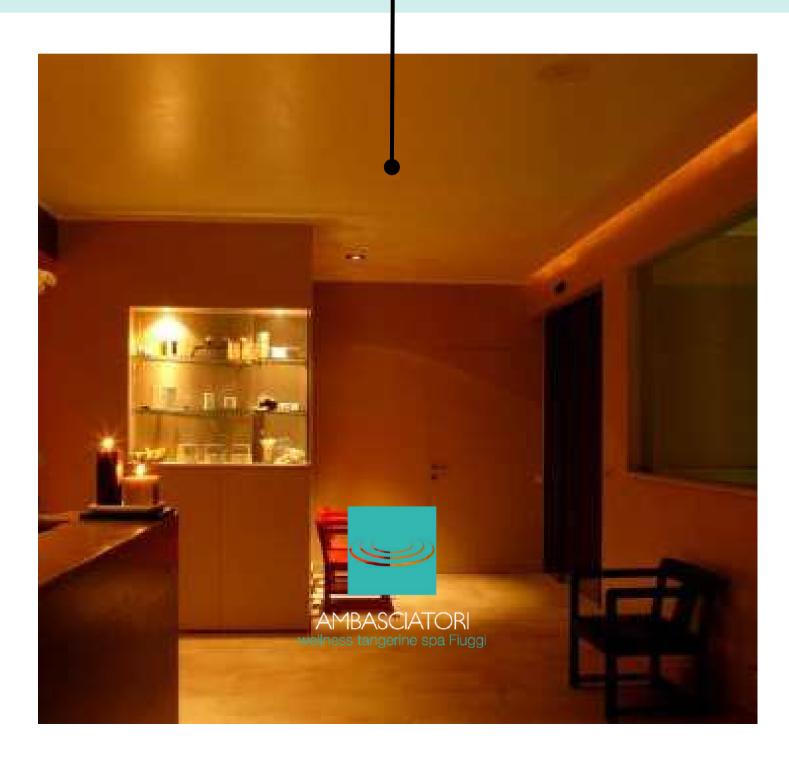
## Percorso Hammam Tangerine scrub + mud therapy - 90 minutes - € 105,00

A guided spa suite journey, assisted by a therapist. It includes a black soap scrub on a warm marble stone using a Kassa glove, followed by a cycle of sauna and steam bath in the raxul cabin, and a 25-minute Argan oil massage.

With a 50-minute massage, € 130,00

## Usefull information for your Spa experience

- What you should and would to Know -



## Frequently Asked Questions

## CAN I BRING MY PHONE INTO THE SPA?

In the Spa, you will find a tranquil and relaxing environment. It's important **to respect the privacy** and serenity of all guests ... including your own! **Leave your phone** and laptop in your room and focus on relaxation.

### **BOOKED SPA TREATMENTS**

We recommend that you arrive at the spa reception at least **10 minutes prior to your scheduled appointment**. Please note that we are unable to extend treatment times in the event of late arrival.

### TREATMENT CANCELLATION POLICY

Any **cancellations must be made at least 24 hours** prior to the treatment time. Otherwise, we will be forced to charge 100% of the cost.

### AND IF I AM PREGNANT?

Always consult your doctor before visiting our spa. We offer special **treatments for expectant mothers**. Please inquire at the reception desk, where our staff will be happy to assist you in selecting the most suitable treatment.

### HOW LONG CAN I STAY AT THE SPA?

To fully enjoy your spa experience, we recommend a stay of **2 to 3** hours.

### HEALTH

If you have any medical conditions, please **consult your doctor** before using the spa facilities. Additionally, please inform us of **any health issues or allergies** that may affect your treatments or use of our services.

### **CLOTHING IN THE SPA**

Please **wear a swimsuit** at all times in the spa and solarium areas.

### CAN CHILDREN ENTER THE SPA?

For the well-being and serenity of both children and adults, access to the Spa is not permitted for those under 16 years old. For children, a babysitting service is available (for a fee). Teenagers from 16 to 18 years old are welcome but must be accompanied by an adult in the wellness areas.





AMBASCIATORI Tangerine Spa Wellness Centre

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#### INFO & RESERVATION

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Make your Wellness